

FREQUENTLY ASKED QUESTIONS

- **CKR is a travel organization and will play other teams in Chester and Delaware Counties.**
- **CKR is a team within the Bert Bell Memorial Football Conference and adheres to league age and weight limit guidelines listed below:**
 - **LEAGUE AGE IS YOUR CHILD'S AGE ON JUNE 30TH**
 - **WEIGHT LIMITS ARE FOR FOOTBALL PLAYERS (7-14) ONLY!**
 - **(THESE ARE BERT BELL RULES & GUIDELINES – NOT CKR)**

Flag Football & Flag Cheer
Ages 5 & 6 (no weight restriction).

80lb. Football
Ages 7 & 8 weighing 80lbs (max): Age 9 weighing 60lbs. (max)
Pee Wee Cheer: Ages 7&8

100lb. Football
Ages 9 & 10 weighing 100lbs (max): Age 11 weighing 80lbs. (max)
Youth Cheer: Ages 9&10

120lb. Football
Ages 11 & 12 weighing 120lbs. (max): Age 13 weighing 105lbs. (max)
Junior Cheer: Ages 11& 12

150lb. Football
Ages 13 & 14 weighing 150-lbs. (max): Age 15 weighing 130lb (max)
Senior Cheer: Ages 13 & 14

- **WHEN AND WHERE DOES PRACTICE START?**
 - Football (7-14):** Monday, August 5th, 6PM at Coatesville Senior High School Campus.
 - Cheerleaders (7-14):** Monday, August 5th, 6PM at Scott Field
 - Flag Football:** Monday, August 12th, 6PM, at Coatesville Senior High School Campus.
 - Flag Cheerleaders:** Monday, August 12th, 6PM at Scott Field

- **WHEN ARE PRACTICE TIMES?**

Practice times during the month of August are Monday thru Thursday from 6PM – 8PM for tackle football and tackle cheer. Flag football and cheer will practice twice a week, days and times are determined by the head coaches. After Labor Day practice is reduced to 3 times a week for tackle football and cheer. Days and times will be determined by the head coaches.
- **HOW LONG DOES THE SEASON RUN?**

This will vary depending on the team your child is on; however, most seasons run from August 1st to the third week in November.
- **DOES MY CHILD NEED A PHYSICAL BEFORE STARTING PRACTICE?**

A child will not be able to participate in contact or stunting drills until full physical or medical release is obtained from a physician.
- **WHAT DO I NEED TO PURCHASE FOR MY CHILD?**

Tackle Football: Cleats (molded rubber), **girdles w/pads**, mouthpiece and an athletic supporter. CKR provides helmets, shoulder pads, practice uniforms and game uniforms.

Flag Football: Cleats (rubber molded), and mouthpiece. Game jerseys are provided by CKR.

Tackle and Flag Cheer: CKR provides game uniforms (shells and skirts). Tackle and Flag cheerleaders will need to purchase bundle packages.... More info to follow
- **WHAT IS THE DIFFERENCE BETWEEN VARSITY AND JR. VARSITY?**

Varsity teams are teams that compete for league championship. Jr. Varsity teams are instructional teams and do not compete for league championship. Both Varsity and Jr. Varsity play the same number of games. We cannot put kids on the same team for carpool reasons. Coaches evaluate and select where a child should play.
- **Bert Bell sets the schedule for the season. Times, dates and locations are subject to change. CKR has no control over scheduling.**